



# Observing Foodshed Health Indicators for Student Projects

Consider Observing Indicators of Foodshed Health for Student Projects

The ecological health of our local foodsheds—our gardens, farms, ranches, and surrounding ecosystems on which they depend—is critical for sustainability. Paying attention to indicators of that ecological health, such as weather, wildlife, water quality, pollinators, soils, and much more presents many opportunities for student projects—whether student-directed for older students or led by teachers or parents for younger children.



Our [San Juan Mountain Watch Project](#) is designed to encourage and support observing, monitoring, and Citizen Science activities and projects with a [Field Guide pdf](#) for all ages and a [Wild School Garden Guide](#) for younger students, parents, and teachers. We encourage teachers, students, and parents to consider such projects as part of regular school programming, home schooling, or remote learning. [Do contact us](#) if you would like help in selecting and carrying out projects. It's very rewarding for people of all ages to be outdoors and learn at the same time, and with Citizen Science you can even help scientists understand and solve challenges facing our food systems and our natural world.

Contact us for assistance:

Healthy Community Food Systems [www.HCFS.org](http://www.HCFS.org) Jim Dyer [jadver@frontier.net](mailto:jadver@frontier.net)